

## Sparring | 48 keppendur

Keppnisflokkur	Fullt nafn	Félag	Geup	Kyn	Þyngd (kg)	Hæð (cm)	Aldur	Flokkur	Sparring	Poomsae	A/B/C
C • Veteran 30+ konur • 68 kg og yfir	Hulda Dagmar Magnúsdóttir	Fram	8	kona	75		42	veteran 30+	x	x	C
C • Veteran 30+ konur • 68 kg og yfir	Rannveig Þórisdóttir	Fram	7	kona	75		45	veteran 30+	x	x	C
C • Senior konur • 57 - 67kg	Ana Geppert	Ármann	7	kona	65		26	Senior	x		C
C • Senior konur • 57 - 67kg	Soffía Ingibjargardóttir	Fram	8	kona	66,9		29	senior	x	x	C
C • Cadet konur • 59 kg og yfir	Kamilla Rós Hjaltadóttir	Keflavík	7	kona	60			Cadet			C
<b>C • Cadet konur • 59 kg og yfir</b>	<b>Elína Vítória Pavlova</b>	<b>Fram</b>	<b>8</b>	<b>kona</b>	<b>69</b>		<b>15</b>	<b>junior</b>	<b>x</b>		<b>C</b>
C • Cadet karlar • 57 - 61kg	Oskar Mikolaj Zarski	Keflavík	7	karl	60			Cadet			C
<b>C • Cadet karlar • 57 - 61kg</b>	<b>Eypór Jónsson</b>	<b>Keflavík</b>	<b>1</b>	<b>karl</b>	<b>52</b>			<b>Cadet</b>			<b>B</b>
C • Cadet karlar • 33 - 37kg	Georg Viðar Hannah	Keflavík	10	karl	36			Cadet			C
C • Cadet karlar • 33 - 37kg	Eiður Daði Sigurðsson	Keflavík	9	karl	36			Cadet			C
B • Junior konur • 49 - 55kg	Adda Paula Ómarsdóttir	Keflavík	1	Kona	54		16	junior	x	x	B
A • Junior konur • 49 - 55kg	Camilla Hegge	NOR - Stjördal Atletklubb	1. dan	kona	54		17	Junior	x		A
B • Cadet konur • 41 - 44kg	Guðrún Viktoría	Keflavík	4	kona	43			Cadet			B
B • Cadet konur • 41 - 44kg	Sunneva Eldbjörg Sigtryggsdóttir	Keflavík	4	kona	43			Cadet			B
A • Junior karlar • 55 - 63kg	Niels Salómon Ágústsson	Afturelding	1. dan	karl	62		15	Junior	x	x	A
A • Junior karlar • 55 - 63kg	Gunnar Snorri Svanþórsson	Selfoss	1. dan	karl	64		15	junior	x		A
A • Junior karlar • 55 - 63kg	Alexander Snær Forberg	Afturelding	3	karl	54		15	Junior	x	x	B
A • Junior karlar • 55 - 63kg	Leo Anthony Speight	Björk	1	karl	54		15	junior	x		B
C • Cadet karlar • 65 kg og yfir	Mikael Ársælsson	Fram	5	karl	70		14	cadet	x		C
<b>C • Cadet karlar • 65 kg og yfir</b>	<b>Bjarni Darri Sigfússon</b>	<b>Keflavík</b>	<b>10</b>	<b>karl</b>	<b>72</b>			<b>Junior</b>			<b>B</b>
B • Cadet karlar • 41 - 45kg	Helgi Rúnar Þórarinsson	Keflavík	4	karl	44			Cadet			B
B • Cadet karlar • 41 - 45kg	Andri Sævar Arnarsson	Keflavík	3	karl	44		13	cadet	x	x	B
<b>C • Cadet karlar • 41 - 45kg</b>	<b>Tindur Þór Sigvaldason</b>	<b>Fram</b>	<b>8</b>	<b>karl</b>	<b>44</b>		<b>13</b>	<b>cadet</b>	<b>x</b>		<b>C</b>
B • Cadet karlar • 41 - 45kg	Jónas Guðjón Óskarsson	Keflavík	2	karl	44			Cadet			B
B • Cadet karlar • 41 - 45kg	Ronny Jörstad	NOR - Stjördal Atletklubb	4	karl	44		13	cadet	x		B
B • Cadet karlar • 37 - 41kg	Patryk Snorri Ómarsson	Keflavík	3	karl	40			Cadet			B
<b>B • Cadet karlar • 37 - 41kg</b>	<b>Eiður Darri Jóhannsson</b>	<b>Fram</b>	<b>2</b>	<b>karl</b>	<b>36</b>		<b>12</b>	<b>cadet</b>	<b>x</b>		<b>B</b>
<b>B • Cadet karlar • 37 - 41kg</b>	<b>Guðjón Steinn Skúlason</b>	<b>Keflavík</b>	<b>4</b>	<b>karl</b>	<b>36</b>			<b>Cadet</b>			<b>B</b>
<b>B • Cadet karlar • 37 - 41kg</b>	<b>Ólafur Benedikt Óskarsson</b>	<b>Fram</b>	<b>3</b>	<b>karl</b>	<b>36</b>		<b>13</b>	<b>cadet</b>	<b>x</b>		<b>B</b>
C • Veteran 30+ karlar • 80 kg og yfir	Arnar Bragason	Afturelding	3. dan	karl	79		31	Veteran 30+	x		A
C • Veteran 30+ karlar • 80 kg og yfir	Ágúst Örn Guðmundsson	Afturelding	1. dan	karl	79		33	Veteran 30+	x		A
C • Veteran 30+ karlar • 80 kg og yfir	Karl Sigtryggsson	Ármann	9	karl	90		32	Veteran 30+	x		C
<b>C • Veteran 30+ karlar • 80 kg og yfir</b>	<b>Richard Már Jónsson</b>	<b>Afturelding</b>	<b>1. dan</b>	<b>karl</b>	<b>79</b>			<b>veteran 30+</b>	<b>x</b>	<b>x</b>	<b>A</b>
A • Senior karlar • 68 - 80kg	Arnar Bragason	Afturelding	3. dan	karl	79		18	senior	x		A
A • Senior karlar • 68 - 80kg	Björn Þorleifur Þorleifsson	Selfoss	1. dan	karl	79		38	senior	x		A
A • Senior karlar • 68 - 80kg	Kristmundur Gíslason	Keflavík	2. dan	karl	79			Senior			A
A • Senior karlar • 58 - 68kg	Ferran Codes Cerda	ESP - Universidad de Navarra	2. dan	karl	67		18	senior	x		A
A • Senior karlar • 58 - 68kg	Karel Bergmann Gunnarsson	Keflavík	2. dan	karl	67			Senior			A
A • Senior karlar • 58 - 68kg	Mikael Ingi Richardsson	Afturelding	1. dan	karl	67		18	Senior	x		A
A • Senior karlar • 58 - 68kg	Sigurður Pálsson	Björk	1. dan	karl	67		18	senior	x		A
A • Senior karlar • 58 - 68kg	Sverrir Örvar Elefsen	Keflavík	2. dan	karl	67			Senior			A
A • Junior karlar • 63 - 73kg	Gabriel Örn Grétarsson	Björk	1. dan	karl	72		17	Junior	x		A
A • Junior karlar • 63 - 73kg	Jonas Söderlind	NOR - Stjördal Atletklubb	2. dan	karl	72		17	Junior	x		A
A • Junior karlar • 63 - 73kg	Svanur Þór Mikaelsson	Keflavík	2. dan	karl	72			Junior			A
A • Junior karlar • 48 kg og undir	Ágúst Kristinn Eðvarðsson	Keflavík	2. dan	karl	38			Junior			A
A • Junior karlar • 48 kg og undir	Daniel Arnar Ragnarsson	Keflavík	1. dan	karl	47			Junior			A
A • Cadet karlar • 41 - 45kg	Daniél Egilsson	Keflavík	1. dan	karl	44			Cadet			B
<b>A • Cadet karlar • 41 - 45kg</b>	<b>Bartosz Wiktorowicz</b>	<b>Keflavík</b>	<b>1. dan</b>	<b>karl</b>	<b>40</b>			<b>Cadet</b>			<b>C</b>

## Poomsae | 46 keppendur

Keppnisflokkur	Fullt nafn	Félag	Geup	Kyn	Þyngd	Hæð (cm)	Aldur	Flokkur	Sparring	Poomsae	A/B/C
C • Cadet konur	Kamilla Rós Hjaltadóttir	Keflavík	8 kona					cadet		x	C
C • Cadet karlar	Oskar Mikolaj Zarski	Keflavík	8 karl					cadet		x	C
C • Cadet karlar	Georg Viðar Hannah	Keflavík	8 karl					cadet		x	C
C • Cadet karlar	Bjarni Darri Sigfússon	Keflavík	8 karl					cadet		x	C
C • Cadet karlar	Eiður Daði Sigurðsson	Keflavík	8 karl					cadet		x	C
C • +18 konur	Hulda Dagmar Magnúsdóttir	Fram	8 kona		75		42 veteran 41+	x	x		C
C • +18 konur	Rannveig Þórisdóttir	Fram	7 kona		75		45 veteran 41+	x	x		C
C • +18 konur	Bryndís Jónsdóttir	Fram	8 kona				40 veteran 31+		x		C
C • +18 konur	Soffía Ingibjargadóttir	Fram	8 kona		66,9		29 senior	x	x		C
C • Pör -30 blandað	Kamilla Rós Hjaltadóttir - Oskar Mikolaj Zarski	Keflavík	6 blandað				Pör -30			x	C
C • Hópar -30 karlar	Eiður Daði Sigurðsson - Oskar Mikolaj Zarski - Georg Viðar Hannah	Keflavík	5 karl				Hópar -30			x	C
B • Pör -30 konur	Sunneva Eldborg Sigtryggisdóttir - Patryk Snorri Ómarsson	Keflavík	1 kona				Pör -30			x	B
B • Pör -30 blandað	Eypór Jónsson - Adda Paula Ómarsdóttir	Keflavík	1 blandað				Pör -30			x	B
B • Pör -30 blandað	Guðrún Viktoría - Jónas Guðjón Óskarsson	Keflavík	1 blandað				Pör -30			x	B
B • -18 konur	Adda Paula Ómarsdóttir	Keflavík	1 Kona		2		16 junior	x	x		B
B • -18 konur	Steinunn Selma Jónsdóttir	Afturelding	2 kona				24 Senior			x	B
B • -18 konur	Kristín María Vilhjálmisdóttir	Ármann	2 kona				17 Junior			x	B
B • -18 konur	Alexander Snaer Forberg	Afturelding	3 karl		54		15 Junior	x	x		B
B • Hópar -30 karlar	Eypór Jónsson - Patryk Snorri Ómarsson - Andri Sævar Arnarsson	Keflavík	1 karl				Hópar -30			x	B
B • Hópar -30 karlar	Helgi Rúnar Þórarinsson - Guðjón Steinn Skúlason - Jónas Guðjón Óskarsson	Keflavík	1 karl				Hópar -30			x	B
B • -18 karlar	Andri Sævar Arnarsson	Keflavík	3 karl		44		13 cadet	x	x		B
B • -18 karlar	Eypór Jónsson	Keflavík	1 karl		52,5		13 cadet	x	x		B
B • -18 karlar	Guðjón Steinn Skúlason	Keflavík	4 karl		36		12 cadet	x	x		B
B • -18 karlar	Helgi Rúnar Þórarinsson	Keflavík	4 karl		45,7		12 cadet	x	x		B
B • -18 karlar	Jónas Guðjón Óskarsson	Keflavík	2 karl		44		12 cadet	x	x		B
B • -18 karlar	Patryk Snorri Ómarsson	Keflavík	3 karl		39,7		13 cadet	x	x		B
A • Veteran 41+ karlar	Richard Már Jónsson	Afturelding	1. dan karl				veteran 41+	x	x		A
A • Senior karlar	Karel Bergmann Gunnarsson	Keflavík	2. dan karl		67		18 senior	x	x		A
A • Senior karlar	Kristmundur Gíslason	Keflavík	2. dan karl		79		21 senior	x	x		A
A • Senior karlar	Sverrir Örvar Elefsen	Keflavík	2. dan karl		62,9		18 senior	x	x		A
A • Senior karlar	Malsor Tafa	KOS - KT 'SHQIPONJA'	3. dan karl				senior			x	A
A • Pör -30 blandað	Bartosz Wiktorowicz - Steinunn Selma Jónsdóttir	Keflavík - Afturelding	1. dan Blandað				Pör -30			x	A
A • Pör -30 blandað	Niels Salómon Ágústsson - Aldís Inga Richardsdóttir	Afturelding	1. dan blandað				Pör -30			x	A
A • Pör -30 blandað	Samar E-zahida Uz-zaman - Svanur Þór Mikaelsson	Ármann / Keflavík	2. dan blandað				Pör -30			x	A
A • Junior konur	Aldís Inga Richardsdóttir	Afturelding	1. dan kona		48		16 Junior			x	A
A • Junior konur	Samar E-zahida Uz-zaman	Ármann	1. dan kona				17 Junior			x	A
A • Junior karlar	Ágúst Kristinn Eðvarðsson	Keflavík	2. dan karl		38		15 junior	x	x		A
A • Junior karlar	Daníel Arnar Ragnarsson	Keflavík	1. dan karl		47		15 junior	x	x		A
A • Junior karlar	Niels Salómon Ágústsson	Afturelding	1. dan karl		62		15 Junior	x	x		A
A • Junior karlar	Svanur Þór Mikaelsson	Keflavík	2. dan karl		72		16 junior	x	x		A
A • Junior karlar	Ólafur Bjarki Guðmundsson	Ármann	1. dan karl				16 Junior			x	A
A • Hópar -30 konur	Steinunn Selma Jónsdóttir - Aldís Inga Richardsdóttir - Adda Paula Ómarsdóttir	Afturelding / Keflavík	1. dan kona				Hópar -30			x	A
A • Hópar -30 karlar	Daníel Arnar Ragnarsson - Daníel Egilsson - Bartosz Wiktorowicz	Keflavík	1. dan karl				Hópar -30			x	A
A • Hópar -30 karlar	Svanur Þór Mikaelsson - Sverrir Örvar Elefsen - Ágúst Kristinn Eðvarðsson	Keflavík	1. dan karl				Hópar -30			x	A
A • Cadet karlar	Bartosz Wiktorowicz	Keflavík	1. dan karl		38,5		13 cadet	x	x		A
A • Cadet karlar	Daníel Egilsson	Keflavík	1. dan karl		44,5		14 cadet	x	x		A