

# Sparring | 54 keppendur

Keppnisflokkur	Fullt nafn	Félag	Geup	Kyn	Þyngd (kg)	Hæð (cm)	Aldur	Flokkur	Sparring
C • Veteran 30-39 karlar • 80 kg og yfir	Karl Sigtryggsson	Ármann	9	Karl	87.0		30	Veteran 30+	x
C • Senior karlar • 68 - 80kg	Ólafur Gestur Jónsson	Keflavík	7	Karl	77.0		19	Senior	x
C • Senior karlar • 58 - 68kg	Sölvi Snær Jökulsson	Selfoss	9	Karl	65.0		20	Senior	x
C • Senior karlar • 58 - 68kg	Marek Krawczynski	Selfoss	6	Karl	63.0		24	Senior	x
C • Junior karlar • 63 - 73kg	Hugo Celine Boss	Ármann	8	Karl	65.0		15	Junior	x
C • Junior karlar • 63 - 73kg	Ástþór Eydal	Selfoss	6	Karl	68.0		16	Junior	x
C • Cadet karlar • 65 kg og yfir	Vilhjálmur Páll Thorarensen	Keflavík	6	Karl	67.0		14	Cadet	x
D • Cadet karlar • 57 - 61kg	Mikael Ársælsson	Fram	10	Karl	60.0		12	Cadet	x
C • Cadet karlar • 49 - 53kg	Guðmundur Pascal Erlendsson	Fram	7	Karl	53.0		14	Cadet	x
D • Cadet karlar • 49 - 53kg	Kári Hallgrímsson	Fram	10	Karl	53.0		12	Cadet	x
C • Cadet karlar • 49 - 53kg	Halldór Gunnar Þorsteinsson	Selfoss	6	Karl	50.0		13	Cadet	x
C • Cadet karlar • 45 - 49kg	Ísak Máni Þráinsson	Selfoss	7	Karl	47.0		12	Cadet	x
D • Veteran 30-39 konur • 57 - 68kg	Anna Dóra Sverrisdóttir	Ármann	10	Kona	59.0		36	Veteran 30+	x
C • Senior konur • 57 - 67kg	Ana Cristina Geppert	Ármann	8	Kona	63.0		24	Senior	x
C • Cadet karlar • 33 - 37kg	Ómar Logi Ragnarsson	Ármann	8	Karl	36.0		12	Cadet	x
B • Cadet karlar • 33 - 37kg	Halldór Freyr Grettisson	Ármann	1	Karl	35.0		12	Cadet	x
B • Cadet karlar • 33 - 37kg	Daníel Egilsson	Keflavík	2	Karl	37.0		12	Cadet	x
A • Cadet karlar • 33 kg og undir	Ágúst Kristinn Eðvarðsson	Keflavík	1. dan	Karl	31.4		13	Cadet	x
B • Veteran 40+ karlar • 68 kg og undir	Eric Wolf	Ármann	2	Karl	68.0		49	Veteran 40+	x
B • Veteran 30-39 karlar • 68 - 80kg	Ágúst Örn Guðmundsson	Afturelding	3	Karl	78.0		32	Veteran 30+	x
A • Senior karlar • 58 - 68kg	Jón Levy Guðmundsson	Afturelding	2. dan	Karl	66.0		33	Senior	x
B • Veteran 30-39 konur • 68 kg og yfir	Heiðveig Magnúsdóttir	Afturelding	4	Kona	85.0		31	Veteran 30+	x
B • Senior konur • 67 kg og yfir	Dýrleif Rúnarsdóttir	Keflavík	2	Kona	87.0		42	Senior	x
B • Junior karlar • 73 kg og yfir	Bjarni Júlíus Jónsson	Keflavík	1	Karl	83.0		15	Junior	x
B • Junior karlar • 63 - 73kg	Gísli Þráinn Þorsteinsson	Ármann	1	Karl	70.0		17	Junior	x
B • Junior karlar • 63 - 73kg	Mikael Ingi Richardsson	Afturelding	2	Karl	65.0		17	Junior	x
B • Cadet konur • 47 - 51kg	Vigdís Helga Eyjólfsdóttir	Afturelding	3	Kona	49.0		13	Cadet	x
<b>B • Cadet konur • 41 - 44kg</b>	<b>Aldís Inga Richardsdóttir</b>	<b>Afturelding</b>	<b>3</b>	<b>Kona</b>	<b>43.0</b>		<b>13</b>	<b>Cadet</b>	<b>x</b>

B • Cadet karlar • 53 - 57kg	Ólafur Bjarki Guðmundsson	Árman	1	Karl	57.0	13	Cadet	x
B • Cadet karlar • 49 - 53kg	Gunnar Jóhannes Hjálmarsson	Árman	3	Karl	51.0	12	Cadet	x
B • Cadet karlar • 49 - 53kg	Niels Salómon Ágústsson	Afturelding	2	Karl	50.0	13	Cadet	x
B • Cadet karlar • 45 - 49kg	Brynjar Logi Halldórsson	Árman	1	Karl	48.0	12	Cadet	x
B • Cadet karlar • 41 - 45kg	Hákon Jan Norðfjörð	Árman	1	Karl	45.0	12	Cadet	x
C • Junior karlar • 48 kg og undir	Gabriel Daði Marinósson	Þór	7	Karl	47.0	15	Junior	x
B • Cadet karlar • 41 - 45kg	Viktor Snær Flosason	Árman	4	Karl	45.0	12	Cadet	x
B • Cadet karlar • 37 - 41kg	Árni Jökull Jónsson	Fram	4	Karl	44.2	14	Cadet	x
A • Cadet karlar • 37 - 41kg	Daniel Arnar Ragnarsson	Keflavík	1. dan	Karl	41.0	13	Cadet	x
A • Senior karlar • 68 - 80kg	Arnar Bragason	Afturelding	3. dan	Karl	77.0	43	Senior	x
C • Senior karlar • 80 kg og yfir	Þorvaldur Óskar Gunnarsson	Selfoss	6	Karl	87.0	22	Senior	x
<b>A • Senior karlar • 58 - 68kg</b>	<b>Jón Levy Guðmundsson</b>	<b>Afturelding</b>	<b>2. dan</b>	<b>Karl</b>	<b>66.0</b>	<b>33</b>	<b>Senior</b>	<b>x</b>
A • Senior karlar • 68 - 80kg	Kristmundur Gíslason	Keflavík	2. dan	Karl	80.0	19	Senior	x
A • Senior karlar • 80 kg og yfir	Helgi Rafn Guðmundsson	Keflavík	4. dan	Karl	82.0	28	Senior	x
A • Junior konur • 55 - 63kg	Dagný María Pétursdóttir	Selfoss	1. dan	Kona	63.0	16	Junior	x
B • Junior konur • 49 - 55kg	Kristín María Vilhjálmisdóttir	Árman	4	Kona	51.0	15	Junior	x
A • Junior konur • 55 - 63kg	Erla Björg Björnsdóttir	Afturelding	1. dan	Kona	60.0	15	Junior	x
A • Junior karlar • 63 - 73kg	Sigurjón Bergur Eiríksson	Selfoss	1. dan	Karl	71.0	17	Junior	x
A • Junior karlar • 63 - 73kg	Ólafur Þorsteinn Skúlason	Keflavík	1. dan	Karl	67.0	15	Junior	x
A • Junior karlar • 63 - 73kg	Karel Bergmann Gunnarsson	Keflavík	2. dan	Karl	65.0	16	Junior	x
A • Junior karlar • 55 - 63kg	Ægir Már Baldvinsson	Keflavík	1. dan	Karl	60.0	15	Junior	x
A • Junior karlar • 55 - 63kg	Sverrir Örvar Elefsen	Keflavík	2. dan	Karl	56.4	16	Junior	x
A • Cadet karlar • 61 - 65kg	svanur Þór mikaelsson	Keflavík	2. dan	Karl	65.0	14	Cadet	x
B • Cadet karlar • 65 kg og yfir	Ævar Týr Sigurðarson	Keflavík	3	Karl	72.0	13	Cadet	x
C • Cadet konur • 29 - 33kg	Kolbrún Rós Erlendsdóttir	Árman	9	Kona	32.0	12	Cadet	x
B • Veteran 30-39 konur • 57 kg og undir	María Bragadóttir	Afturelding	3	Kona	54.0	39	Veteran 30+	x

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Poomsae A/B/C

x C  
x C

C

C

C

C

x C

***Sameining meira en sam-  
liggiandi þyngdarflokkar***

D

C

D

C

C

x D

x C

x C

***C sameinað við A***

B

x B

x A

B

x B

x A

B

x B

x B

B

x B

x B

***Sameining meira en sam-  
liggiandi þyngdarflokkar***

x	B
	B
x	B
<hr/>	
x	B
x	B
	C
x	B
<hr/>	

	B
x	A
	A
	C
x	A
x	A
x	A
<hr/>	

Landsliðsmaður - keppir í A  
Sameining meira en sam-  
liggjandi þyngdarflokkar

	A
x	B
x	A
<hr/>	
	A
x	A
x	A
x	A
x	A
x	A
<hr/>	
x	B
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Landsliðsmaður - keppir í A

x	C
x	B

Fær ekki flokk  
Fær ekki flokk

# Poomsae | 44 keppend

Keppnisflokkur	Fullt nafn	Félag	Geup	Kyn	FORM á móti
A • Cadet 12-14 karlar	Daníel Arnar Ragnarsson	Keflavík	1. dan	Karl	41
A • Cadet 12-14 karlar	Ágúst Kristinn Eðvarðsson	Keflavík	1. dan	Karl	31.4
A • Cadet 12-14 karlar	svanur Þór mikaelsson	Keflavík	2. dan	Karl	65
A • Veteran 31-40 karlar	Karl Jóhann Garðarsson	Ármann	1. dan	Karl	78
A • Senior 18-30 karlar	Jón Levy Guðmundsson	Afturelding	2. dan	Karl	66
A • Senior 18-30 karlar	Helgi Rafn Guðmundsson	Keflavík	4. dan	Karl	82
A • Senior 18-30 karlar	Kristmundur Gíslason	Keflavík	2. dan	Karl	80
A • Senior 18-30 karlar	Haukur Fannar Möller	Þór	2. dan	Karl	90
A • Junior 15-17) konur	Erla Björg Björnsdóttir	Afturelding	1. dan	Kona	60
A • Senior 18-30 konur	Sveinborg Katla Danielsdóttir	Þór	1. dan	Kona	
A • Junior 15-17) konur	Samar-E-Zahida Uz-Zaman	Ármann	1. dan	Kona	65
A • Veteran 40 ára og eldri konur	Antje Müller	Ármann	2. dan	Kona	0
A • Junior 15-17) karlar	Sverrir Örvar Elefsen	Keflavík	2. dan	Karl	56
A • Junior 15-17) karlar	Ægir Már Baldvinsson	Keflavík	1. dan	Karl	60
A • Junior 15-17) karlar	Karel Bergmann Gunnarsson	Keflavík	2. dan	Karl	65
A • Junior 15-17) karlar	Sverrir Örvar Elefsen	Keflavík	2. dan	Karl	56.4
A • Junior 15-17) karlar	Ólafur Þorsteinn Skúlason	Keflavík	1. dan	Karl	67
B • Senior 18-30 konur	María Bragadóttir	Afturelding	3	Kona	54
B • Senior 18-30 konur	Dýrleif Rúnarsdóttir	Keflavík	2	Kona	87
B • Senior 18-30 konur	Heiðrún Þorvaldsdóttir	Ármann	1	Kona	57
B • Senior 18-30 karlar	Ágúst Örn Guðmundsson	Afturelding	3	Karl	78
B • Senior 18-30 karlar	Richard Már Jónsson	Afturelding	1	Karl	73
B • Junior 15-17) konur	Kristín María Vilhjálmisdóttir	Ármann	4	Kona	51
B • Junior 15-17) karlar	Mikael Ingi Richardsson	Afturelding	2	Karl	65
B • Junior 15-17) karlar	Bjarni Júlíus Jónsson	Keflavík	1	Karl	0
B • Cadet 12-14 konur	Aldís Inga Richarðsdóttir	Afturelding	3	Kona	43
B • Cadet 12-14 konur	Vigdís Helga Eyjólfsdóttir	Afturelding	3	Kona	49
B • Cadet 12-14 konur	Adda Paula Ómarsdóttir	Keflavík	2	Kona	53
B • Cadet 12-14 konur	Gerður Eva Halldórsdóttir	HK	3	Kona	60
B • Cadet 12-14 karlar	Niels Salómon Ágústsson	Afturelding	2	Karl	50
B • Cadet 12-14 karlar	Hákon Jan Norðfjörð	Ármann	1	Karl	45
B • Cadet 12-14 karlar	Ólafur Bjarki Guðmundsson	Ármann	1	Karl	57
B • Cadet 12-14 karlar	Viktor Snær Flosason	Ármann	4	Karl	45
B • Cadet 12-14 karlar	Brynjar Logi Halldórsson	Ármann	1	Karl	48
B • Cadet 12-14 karlar	Daníel Egilsson	Keflavík	2	Karl	37
B • Cadet 12-14 karlar	Ævar Týr Sigurðarson	Keflavík	3	Karl	72
B • Cadet 12-14 karlar	Eyþór Atli Reynisson	Ármann	1	Karl	70
C • Senior 18-30 konur	Ana Cristina Geppert	Ármann	8	Kona	63
C • Senior 18-30 konur	Anna Dóra Sverrisdóttir	Ármann	10	Kona	59
C • Senior 18-30 konur	Margrét A. Sigurvinsd.	Keflavík	9	Kona	76.5
C • Senior 18-30 konur	Kristín Vilhjálmisdóttir	Ármann	10	Kona	75
C • Senior 18-30 karlar	Karl Sigtryggsson	Ármann	9	Karl	87
C • Senior 18-30 karlar	Ólafur Gestur Jónsson	Keflavík	7	Karl	77
C • Cadet 12-14 konur	Kolbrún Rós Erlendsdóttir	Ármann	9	Kona	32

C • Cadet 12-14 karlar	Ómar Logi Ragnarsson	Ármann	8	Karl	36
C • Cadet 12-14 karlar	Vilhjálmur Páll Thorarensen	Keflavík	6	Karl	67
C • Cadet 12-14 karlar	Gestur Gunnarsson	KR	5	Karl	50

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Hæð (cm)	Aldur	Flokkur	Sparring	Poomsae	A/B/C
13		Cadet	x	x	A
13		Cadet	x	x	A
14		Cadet	x	x	A
34		Veteran 31+		x	A
33		Senior	x	x	A
28		Senior	x	x	A
19		Senior	x	x	A
24		Senior		x	A
15		Junior	x	x	A
18		Senior		x	A
15		Junior		x	A
43		Veteran 41+		x	A
16		Junior	x	x	A
15		Junior	x	x	A
16		Junior	x	<b>x</b>	<b>A</b>
16		Junior	x	x	A
15		Junior	x	x	A
39		Senior	x	x	B
42		Senior	x	x	B
25		Senior		x	B
32		Senior	x	x	B
49		Senior		x	B
15		Junior	x	x	B
17		Junior	x	x	B
15		Junior	x	x	B
13		Cadet	x	x	B
13		Cadet	x	x	B
14		Cadet		x	B
13		Cadet		x	B
13		Cadet	x	x	B
12		Cadet	x	x	B
13		Cadet	x	x	B
12		Cadet	x	x	B
12		Cadet	x	x	B
12		Cadet	x	x	B
12		Cadet	x	x	B
13		Cadet	x	x	B
12		Cadet		x	B
24		Senior	x	x	C
36		Senior	x	x	C
42		Senior		x	C
47		Senior		x	C
30		Senior	x	x	C
19		Senior	x	x	C
12		Cadet	x	x	C

12	Cadet	x	x	C
14	Cadet	x	<b>x</b>	<b>C</b>
12	Cadet		x	C

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