

# THE NORDIC TAEKWONDO CHAMPIONSHIPS 2014

*This tournament is for the national teams of the  
Nordic Countries (Iceland, Denmark, Finland,  
Norway and Sweden).*

*No other teams will be authorized.*

*Please see the following pages for the invitation*

# Invitation for Kyorugi

It is my great pleasure to invite you and your national team to the Nordic Taekwondo Championship Keflavík, Iceland on May 17th 2014.

I hope you and your national teams will participate in this event and display the highest spirit of taekwondo. In the meantime, the Icelandic Taekwondo Federation will do its utmost to organize a successful championship.

I am looking forward to meeting you in Keflavík.

Sincerely,

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Richard Már Jónsson  
President of the Icelandic Taekwondo Federation

OUTLINE - KYORUGI

- **Organizer: The Icelandic Taekwondo Federation**

E-mail: [tki@tki.is](mailto:tki@tki.is)

<http://www.tki.is>

<http://www.facebook.com/The.Nordic.Taekwondo.Championships.2014>

Tournament director: Mr. Richard Már Jónsson

- Email: [rm@simnet.is](mailto:rm@simnet.is)
- Mobile: +354 892 0784

- **Date: May 17th 2014**
- **Place:** Keflavík Sporthall (Íþróttahús Keflavíkur), Sunnubraut 34, 230 Reykjanesbær
- **Qualifications:**
  - Holder of the grade of 4th geup or higher
  - Holder of nationality of the participating country
  - Recommended by the National Association of the participating country
- **Categories**
  - Seniors (male and female): born 1984 - 1996
  - Juniors (male and female): born 1997, 1998 and 1999
  - Cadets (male and female): born 2000, 2001, 2002 and 2003
- If there is sufficient registration, competition will also be held in the following categories
  - Veterans +40 (male and female): born 1974 and earlier
  - Veterans +30 (male and female): born 1975-1984

Athletes born before 1984 can compete in seniors or veterans. Starting in both categories is not possible.

Athletes born in 1997, 1998 or 1999 can compete in juniors or in seniors. Starting in both categories is not possible.

Athletes born in 2000 can compete in cadets or in juniors. Starting in both categories is not possible.

- **Competition rules:**

World Taekwondo Federation (WTF) Kyorugi competition rules.

**LIGHT HEADKICKS** are allowed in Cadet categories.

Match time

- Veterans: 3 x 1,5 minutes
- Seniors: 3 x 2 minutes
- Juniors: 3 x 2 minutes
- Cadets: 2 x 1,5 minutes

Competition system is single elimination tournament system.

**Note that competitions are held on 3 courts with Daedo electronic body protectors. The competition organization does not provide Daedo sensor socks. Video replay is not in use.**

- **Weight divisions:**

Four (4) contestants are allowed in each weight division from each country

**Female**

- Veterans 40+: -46, -49, -53, -57, -62, -67, -73, +73 kgs
- Veterans 30+: -46, -49, -53, -57, -62, -67, -73, +73 kgs
- Seniors: -46, -49, -53, -57, -62, -67, -73, +73 kgs
- Juniors: -42, -44, -46, -49, -52, -55, -59, -63, -68, +65 kgs
- Cadets: -29, -33, -37, -41, -44, -47, -51, -55, -59, +59 kgs

**Male**

- Veterans 40+: -54, -58, -63, -68, -74, -80, -87, +87 kgs
- Veterans 30+: -54, -58, -63, -68, -74, -80, -87, +87 kgs

Seniors: -54, -58, -63, -68, -74, -80, -87, +87 kgs

Juniors: -45, -48, -51, -55, -59, -63, -68, -73, -78, +78 kgs

Cadets: -33, -37, -41, -45, -49, -53, -57, -61, -65, +65 kgs

- **Award presentation:**

1<sup>st</sup> place – One gold medal

2<sup>nd</sup> place – One silver medal

3<sup>rd</sup> place – One bronze medal

Trophies for national teams: The 3 first ranked teams (all categories in total according to the following criteria: 1 point for participation, 3 points for 3<sup>rd</sup> place, 5 points for 2<sup>nd</sup> place, 7 points for 1<sup>st</sup> place)

- **Competition fee:**

The competition fee is EUR 45 per contestant.

- **Applications:**

The Competitors and team officials shall be entered into the TPSS subscription system ([www.tpss.nl](http://www.tpss.nl)). If there are problems with entering the competitors, please contact: [tki@tki.is](mailto:tki@tki.is)

- **Referees:**

Each country is invited to send 5 Kyorugi referees (IR og national class referees, 5 from Finland, Sweden, Denmark and Norway each, 1 from Iceland).

The names of the referees must be announced **at April 20th 2014 at the latest** to the Icelandic Taekwondo Federation.

Please send the following information about the participating referees:

- Name
- Flight details (time of arrival and departure and flight number)
- IR or national credentials.

The sending country shall cover allowance and traveling costs of its referees. Accommodation including full board (breakfast, lunch and dinner)

shall be provided by the Icelandic Taekwondo Federation for up to 2 referees from each country from the 16<sup>th</sup> to 18<sup>th</sup> of May 2014.

- **Officials:**

Each country is allowed to send 5 Kyorugi officials (1 Head of Team, 1 Manager and up to 3 coaches).

The names of the Kyorugi officials must be announced **at April 20th 2014 at the latest** to the Icelandic Taekwondo Federation.

The sending country shall cover allowance and traveling costs of its officials as well as accommodation and board.

- **Medical control:**

Use of drugs or doping by any chemical substances prescribed in the WTF Regulations for Doping Control is strongly prohibited.

The Icelandic Taekwondo Federation may organize medical doping tests among the competitors at random sampling and any competitor who refuses to undergo the testing or who proves to have committed a breach of the regulations for doping control shall be removed from the final standings, and disciplinary action will be taken.

- **Liability:**

It is the responsibility of each participating team and each national association to ensure that sufficient insurance coverage has been taken out for all officials and participants. The Icelandic Taekwondo Federation does not take any responsibility for possible accidents or insurance claims.

- **The Head of Team meeting:**

The Head of Team meeting will be held on **Friday (May the 16<sup>th</sup> 2014)** at Hotel Keflavik at 20:00 (8:00 p.m.)

- **Registration / Weigh-in**

The registration desk will be in the Keflavík Sporsthall (I: **Íþróttahús Keflavíkur**) Sunnubraut 34, 230 Reykjanesbær on **Friday (May the 16<sup>th</sup> 2014)** between 17:00 and 21:00 (5:00 p.m. until 9:00 p.m.)

Competitors and the team officials will receive their competition passports there.

- **Closing date for entries:**

The Closing date for the entry forms is **April 20<sup>th</sup> 2014**.

**Entries submitted after that date will not be accepted.**

- **Payments:**

All payments (competition fees and accomodations) should be paid together at the same time. The Icelandic Taekwondo Federation will send the participating federations an invoice for the fees after receiving the entry forms.

Reservations and registrations are valid only when the payments have been received in the account of the Icelandic Taekwondo Federation:

Account number: XXXXXXXXXXXXXXXX

IBAN number: XXXXXXXXXXXXXXXX

BIC code: XXXXXXXXXXXXXXXX

- **Accomodations:**

The participating National Taekwondo Federations will cover accomodations expenses of their respective teams and officials. Accomodations includes full board (breakfast, lunch and dinner).

- **Transportation:**

- Transportation to and from the Keflavík International Airport will be provided for those accomodated in Hotel Keflavik as arranged by the Icelandic taekwondo federation. The fee for transportation is included in the accomodation fee.

## The Nordic Taekwondo Championships 2014



- **Modification:**  
Modifications (participation or accomodation) received after **April 20<sup>th</sup> 2014** will not be accepted.

- **PRELIMINARY Timetable for Kyorugi:**

Date	Time	Events	Place
May 16th 2014 <b>Friday</b>	18:00 – 22:00	Registration of teams/Weigh-in	Sporthall
	20:00 – 21:00	Head of Team meeting	Hotel Keflavik
	20:00 – 22:00	Nordic forum	Hotel Keflavik
	21:00 – 22:00	Kyorugi referee meeting	Hotel Keflavik
May 17th 2014 <b>Saturday</b>	08:00 – 09:00	Kyorugi referee meeting	Sportshall
	09:00 – 13:00	Competition	Sportshall
	13:00 – 14:00	Lunch break	Sportshall
	14:00 – 19:00	Competition	Sportshall
	20:00 – 24:00	Dinner and afterparty	TBA
May 18th 2014 <b>Sunday</b>		Departures	

- **Locations:**





## • **Accomodations:**

Accommodation in a 4 star hotel in downtown Keflavík <http://kef.is/>

5-10 minute walk from sporthall, Swimming hall, 1-10 minutes walk from shops, restaurants and, bar.

With all inclusive: , breakfast, lunsh at the sporthall, dinner Friday and Saturday evening.

Shuttle to and from the airport. Only for the hotel that are booked through the Icelandic federation. Shuttle to and from hotel and sporthall 3 times on competition day(that scedule will given up at arrival)

- Single room w/all inclusive 18.900 isl.kr
- Double/twin room w/all inclusive 14.000 isl.kr per person
- Tribble room w/all inclusive 12.300 isl.kr per person
- Familie room for four w/all inclusive 11.950 isl.kr per person
- Familie room for five w/all Inclusive isl 11.700 isl.kr per person

Note that there is limited room 3,4,5 people so first come first served.

The Icelandic taekwondo federation is also orginizing a trip to the Blue lagoon.

<http://www.bluelagoon.is>

The package will be a shuttle to and from Blue Lagoon from Hotel prize per person is 6500.-

More information about the trip will be later.

Few links to explore what we are offering:

<http://kef.is/explore-reykjanes/>

Local Swimming pool beside the sporthall. Free for Children under 16 year. 400 isl.kr for adults. Open in weekends from 08:00 – 18:00

<https://www.google.is/search?q=vatnaver%C3%B6ld+reykjanesb%C3%A6&tbm=isch&tb o=u&source=univ&sa=X&ei=UWryUqX8C5O4hAfHvICgCQ&ved=0CDsQsAQ&biw=1280&bih=676>

## The Nordic Taekwondo Championships 2014



Sportshall Adress:

Íþróttahús Keflavíkur Sunnubraut 34, 230 Reykjanesbæ

From Hotel to Sportshall google direction ☺

[https://maps.google.com/maps?saddr=Hotel+Keflav%C3%ADk,+Vatnsnesvegur,+Reykjanesb%C3%A6r,+Southern+Peninsula,+Iceland&daddr=63.9993403,-22.5567806+to:63.999268,-22.559769+to:34,+230+Sunnubraut,+Reykjanesb%C3%A6r,+Southern+Peninsula,+Iceland&hl=en&ie=UTF8&ll=63.998923,-22.553515&spn=0.011627,0.038581&sll=63.999149,-22.554138&sspn=0.005813,0.01929&geocode=Fc2Q0AMdbfen\\_iGkhqR0r9qYUSn5rYkNIwLWSDGkhqR0r9qYUQ%3BFWyNOAMdIM-n\\_ik9Whh5GALWSDG5bOp6xuuSYg%3BFSSN0AMd58On\\_ikFWgr2GALWSDExf0tzgwDggA%3BFROL0AMd77unintCK4bGQLWSDHeUe67vT7aaA&oq=H%C3%B3tel&t=h&dirflg=w&mra=dpe&mrsp=1&sz=16&via=1,2&z=15](https://maps.google.com/maps?saddr=Hotel+Keflav%C3%ADk,+Vatnsnesvegur,+Reykjanesb%C3%A6r,+Southern+Peninsula,+Iceland&daddr=63.9993403,-22.5567806+to:63.999268,-22.559769+to:34,+230+Sunnubraut,+Reykjanesb%C3%A6r,+Southern+Peninsula,+Iceland&hl=en&ie=UTF8&ll=63.998923,-22.553515&spn=0.011627,0.038581&sll=63.999149,-22.554138&sspn=0.005813,0.01929&geocode=Fc2Q0AMdbfen_iGkhqR0r9qYUSn5rYkNIwLWSDGkhqR0r9qYUQ%3BFWyNOAMdIM-n_ik9Whh5GALWSDG5bOp6xuuSYg%3BFSSN0AMd58On_ikFWgr2GALWSDExf0tzgwDggA%3BFROL0AMd77unintCK4bGQLWSDHeUe67vT7aaA&oq=H%C3%B3tel&t=h&dirflg=w&mra=dpe&mrsp=1&sz=16&via=1,2&z=15)

## HOTEL RESERVATION FORM

Nation	
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Arrival date	
Number of persons	

Hotel	
Check-in date	
Check-out date	

Rooms required	
Room category	Numer of rooms
Single room w/all inclusive 18.900 isl.kr	
Double/twin room w/all inclusive 14.000 isl.kr per person	
Trible room w/all inclusive 12.300 isl.kr per person	
Familie room for four w/all inclusive 11.950 isl.kr per person	
Familie room for five w/all Inclusive isl 11.700 isl.kr per person	

## TRANSPORTATION FORM

	Number of persons	Date	Time	Flight no
Arrival				
Departure				

Please, fill and send the Registration form until april 20th, 2014 by email to:

[kolla@tpostur.is](mailto:kolla@tpostur.is) and a copy to [tki@tki.is](mailto:tki@tki.is) (the official email for the Icelandic Taekwondo Federation)