

Félag Nafn Kennitala Aldur Gráða Hæð þyngd Sparring Poomsae hópar

Tími	9:15	poomsae	gólf	geup					
Fram	Emma Rún Baldvinsdóttir	2110042230	7	9	116	21	X		1
Keflavík	Kolbrún María Sigurðardóttir	3008052990	6	9	120	22	x	x	1
Fram	Viktoría Kristín Arnardóttir	1302042950	7	8	130	23	X		1
Árman	Hólmfríður Ásta Halldórsdóttir	020505-3110	6	9	117	23	x	x	1
Fram	Myrra Magdalena Kjartansd	1308032530	8	8	133	26	X		2
Breiðablik	Zara Björk Guðlaugsdóttir	110602-4130	9	9	135	28	x	x	2
Keflavík	Guðrún Viktoría Ólafsdóttir	106043110	7	8	127	29	x	x	2
Árman	Malena Ósk Hersteinsdóttir	280902-2860	9	10	135	30		x	2
ÍR	Mary Elísabet magnúsdóttir	2207032310	8	10	133	30	x		2
Breiðablik	Karen Dís Hafliðadóttir	111101-2560	10	9	135	32	x		2

Tími	9:15	sparring	gólf						
ÍR	Jósep Gabríel magnússon	2207032580	8	9	133	30	x		3
Grindavík	Andri Snær Gunnarsson	141202-2780	8	9	132	30	x	x	3
HK	Jón Helgi	2101042080	7	9	130	30	x	x	3
Árman	Arnar Páll Kristjánsson	061003-3120	8	10	135	30	x	x	3
HK	Jakob Dagur Ármannsson	180803-2620	8	9	131	26	x	x	4
HK	Sverri Hákonarson	807032360	8	9	130	26	x	x	4
Keflavík	Sævar Freyr Guðlaugarson	211102-4030	8	8	138	28	x	x	4

Tími	10:15	poomsae	gólf						
Ármann	Höskuldur Máni Halldórsson	<u>210107-2310</u>	4	10	117	21	x	x	5
Afturelding	Magni Valur	1010042280	7	10	113	21	x	x	5
Breiðablik	Gissur Rafn Hlynsson	180804-2340	7	9	130	22	x		5
HK	Andri Freyr Gilbertsson	240702-2580	9	9	128	24		x	5
Höttur	Elíeser Bergmann Hjálmarsson	<u>241204-2190</u>	6	9	120	25	x		5
Ármann	Andri Freyr	050104-3030	7	9				x	6
HK	Óskar Hákonarson	807032440	8	9	130	28	x	x	6
Keflavík	Guðni Kjartansson	0707032110	8	8	137	29	x	x	6
Ármann	Alex Birgisson	<u>160503</u>	8	9	130	30	x	x	6
Tími	10:15	sparring	gólf						
Keflavík	Patryk Snorri Ómarsson	280403-3690	8	7	133	25	x	x	7
HK	Jón Kristinn Ingason	120901-3030	10	5	135	28	x	x	7
Breiðablik	Alex Leó Kristinsson	130303-3310	8	7	130	28	x		7
Ármann	Gabriel Hörður Rodriquez		7	5				x	7
Ármann	Brynjar Logi Halldórsson	<u>010602-3270</u>	9	5	136	35	x	x	8
Afturelding	Alex Adam Gunnlaugsson	603022270	9	5	142	35	x	x	8
Afturelding	Runólfur Þórbergur H Gafþórsson	1404012180	10	6				x	8
Ármann	Mikael Þór Arnarsson	190803-2790	8	6	140	35	x		8
Afturelding	Niels Salomón Ágústsson	2107012650	10	5	137	34	x		8

Tími	11:15	poomsae	gólf						
Afturelding	Elías Karl Elíasson	1901042570	7	10	133	30	x		9
Afturelding	Daníel Þorgeir Kristinsson	912032860	8	9	136	31	x	x	9
Höttur	Gunnar Jóhannes Hjálmarsson	<u>060302-2190</u>	9	9	132	32	x		9
Grindavík	Sæþór Róbertsson	040203-3030	8	9	130	32	x	x	9
Breiðablik	Hlynur Guðmundsson	151202-2920	8	9	132	32	x	x	10
Ármann	Ævar Ninéz Kvaran	<u>171204</u>	6	10		32	x		10
Björk	Jón ágúst Haraldsson	150605-2020	6	10	120	32	x	x	10
Grindavík	Gunnlaugur Dagur Ingvarsson	<u>210803-4160</u>	8	10	134	32	x	x	10

Tími	11:15	Sparring	gólf						
ÍR	Pétur Birgir Jónsson	2808022980	9	8	140	33	x	x	11
Björk	Ari Karl Pétursson	2908012490	10	8	136	33	x	x	11
Ármann	Rafn Ísaksson	<u>200902-2110</u>	9	7	140	35	x	x	11
Fram	Guðmundur Pascal Erlendsson	2704003610	11	9	149	34	X		11
Fram	Snorri Marteinn Sigurðarson	0206003490	11	9	142	34	X		12
Breiðablik	Haraldur Helgi Guðmundsson	231002-2860	9	9	141	34	x	x	12
Afturelding	Gylfi Hólm Erlendsson	210023050	9	9	141	35	x		12
Afturelding	Skarphéðin Hjaltason	1207042220	7	9	137	35	x		12

Tími 12:15- 12:45 Hádegis hlé verðlaunaafhending fyrir hópa 1 - 12

Tími	12:45	poomsae	gólf						
Björk	Guðmundur Bragi	170702-2710	9	5	142	36	x	x	13
Fram	Vilhjálmur Stefánsson	2601003940	11	5	159	37	X	X	13
Afturelding	Egill Jónsson	3108012830	10	5	140	37	x	x	13
Afturelding	Jón Andri Ingólfsson	1911012510	10	6	141	38	x	x	13
HK	Hilmar Þór Heiðarsson	2302003510	11	7	144	40	x		14
Fjölnir	Viktor Orri Guðmundsson	40900	11	7	145	45	x	x	14
Fjölnir	Gunnar Freyr Ragnarsson	181000	11	7		45	x		14
ÍR	Daníel Heiðar jónsson	306012620	10	6	145	46	x	x	14
Tími	12:45	sparring	gólf						
Keflavík	Victoría Ósk Anítudóttir	901023030	9	3	136	28	x	x	15
Afturelding	Vigdís Helga Eyjólfsdóttir	1408013050	10	7	120	29	x	x	15
Afturelding	Aldís Inga Richardsdóttir	1207002190	11	5	143	30	x	x	15
HK	Silja Arnbjörnsdóttir	100801-4770	10	6	144	34		x	15
Keflavík	Adda Paula Ómarsdóttir	070400-3670	11	3	155	39	x	x	16
ÍR	Klara Margrét Björnsdóttir	2709013010	10	6	150	45	x		16
HK	Sandra Rut Sverrisdóttir	811012210	10	6	139	45		x	16

Tími	13:45	poomsae	gólf						
Höttur	Friðrik Dagur Kristófersson	3110032590	8	10	135	35	x	x	17
ÍR	Arnar Gylfir Haraldsson	3006012860	10	8	150	36	x	x	17
Breiðablik	Kristinn Karlsson	311202-2190	8	9	135	36	x	x	17
Keflavík	Vilhjálmur Vilhjálmsson	220403-2970	8	9	144	37	x	x	17
ÍR	Kristján Karl Karlsson	1005012360	10	8	150	38	x		18
Fram	Einar Már Baldvinsson	2912012020	10	9	142	39	X	X	18
Breiðablik	B. Þorkell Brynjólfsson	231100-2450	10	9	153	39	x		18
Breiðablik	Fróði Brooks Kristjánsson	240801-3450	10	9	147	39	x	x	18
Tími	13:45	sparring	gólf						
Keflavík	Ágúst Kristinn Eðvarðsson	080401-2480	10	3	134	25	x	x	19
HK	Árni Björn Jensson	230402-2130	9	7	135	30	x	x	19
Afturelding	Einar Brynjarsson	1412012980	9	4	132	31	x	x	19
Keflavík	Daníel Aagard Nielsen	702023360	9	7	133	31	x	x	19
Fjölnir	Gunnar Snorri Svanþórsson	240301	10	4	140	34	x	x	20
Keflavík	Svanur Þór Mikaelsson	1002003170	11	2	143	40	x	x	20
Fjölnir	Anton Helgi Falkward Traustason	180101	10	4	144	41	x	x	20

Tími	14:45	poomsae	gólf						
Fram	Gunnlaugur Geir Kristmannson	3105002750	11	9	155	40	X		21
Breiðablik	Gissur Þór Magnússon	011001-2110	10	9	149	41	x	x	21
HK	Snorri Egilsson	2501012790	10	9	148	44	x	x	21
Grindavík	Pálmi Þrastason	<u>240303-3450</u>	8	9	142	47	x	x	21
Fjölnir	Sigurjón Stefán	300300	11	9	154	47	x	x	22
ÍR	Valdís Ósk Gunngeirsdóttir	1102022610	9	9	148	55		x	22
ÍR	Styrmir Eero Ívarsson		10	10	154	55	x		22
ÍR	Víðir Valle Edgarson	2708002030	11	9	155	56	x	x	22
Tími	14:45	sparring	gólf						
ÍR	Anney Birta Jóhannesdóttir	2705022880	9	8				x	23
ÍR	Embla sól Hafsteinsdóttir	2201012660	10	9	148	40	x	x	23
HK	Gerður Eva Halldórsdóttir	020701-3070	10	7	148	43	x	x	23
ÍR	Snædis Birna Árnadóttir	1402013320	10	10	155	54	x		23
Björk	Gabriel Örn Grétarsson	241299-3099	11	5	155	46	x	x	24
Keflavík	Ævar Týr Sigurðarson	2202013410	10	5	153	57	x	x	24
ÍR	Rúnar Örn Jakobsson	410002520	11	6	150	47	x	x	24
Tími	15:45	verðlaunaafhending fyrir hópa 13-24							